

Welcome to the Cathedral Church of St. Paul!
Worship is crucial to a healthy relationship with God.
May you be uplifted by your experience here today, and may you
experience the presence of Christ in this community of faith.

For those wishing to receive the **Ministry of the Laying on of Hands and Anointing for Healing**, please proceed to the station in the north west corner of Cronyn Hall before you receive communion.

During the 10:00 am Eucharist **Nursery facilities** will be available in Rooms 203/204. Sunday School Classes following the *Godly Play* curriculum take place in Room 202. Please speak to a Greeter if you need help.

Gluten-free communion wafers are available for all who wish it for medical reasons. Please indicate your wish to the Administrant at Communion.

Music used in this week's liturgies are reprinted under OneLicense.net A-717939 and LicenSing 611086 unless otherwise noted.

8:00 a.m. – Eucharist

in St Aidan's Chapel

Presiding Celebrant:

The Rev'd Dr. Virginia C. Lane

The service can be followed in
The Book of Common Prayer
beginning on page 67.

The Collect for The Fifth Sunday
after the Epiphany–BCP p.129
The Reading: *1 Corinthians 2:1–12 (13–16)*
The Gospel: *Matthew 5:13–20*

**After the service please come for coffee in
the Assembly Room.**

10:00 a.m. – Choral Eucharist

Presiding Celebrant: The Rt. Rev'd Barry B. Clarke

Setting *Missa Brevis* Eleanor Daley

Announcements: The Work of the Community

Processional Hymn *God, Whose Almighty Word* See Hymn Sheet

GATHERING OF THE COMMUNITY

Presider: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: **And also with you.**

Presider: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Commissioning of the Children and Youth

Presider: As Jesus called the children to come to him, we now invite all the children and youth here today to come forward:

Leader: Let us pray.

Lord Jesus, we ask you to bless our children and youth as they go to their classes to hear your word and truth and we now commission them saying:

Leader: We gather together in the presence of God.

All: **We are the people of God.**

Leader: We gather together to receive the gift of the Son.

All: **We are the body of Christ.**

Leader: We gather together to hear the voice of the Spirit.

All: **We are the church of God.**

Leader: Pray for one another, each a child of God. **Amen.**

Glory to God

Glory to God in the highest, and peace to God's people on earth.

**Lord God, heavenly king, almighty God and Father,
We worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
You are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

Collect of the Day

Presider: Let us pray.

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

People: **Amen.**

PROCLAMATION OF THE WORD

Please sit

First Reading *Isaiah 58:1–9a (9b–12)*

read by Margaret Herbert

Psalm 112:1-9



Hap - py are they who have giv-en to the poor.

Second Reading *1 Corinthians 2:1–12 (13–16)*

read by Kate Roberts

Gradual Hymn *Take My Life, and Let It Be*

See Hymn Sheet

Gospel *Matthew 5:13–20*

proclaimed by The Rev'd Deacon Pat Henderson

After the Gospel Acclamation has been sung, the Gospeller will sing or say:

Reader: The Lord be with you.

People: **And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Jesus Christ.**

At the conclusion:

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

Homily The Rev'd Dr. Virginia C. Lane

Please sit

Nicene Creed

Please stand

Presider: Let us confess our faith, as we say,

All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things

were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

led by Melissa Broadfoot

Leader: Lord, in your love

People: **Hear our prayer.**

At the conclusion:

Leader: God of steadfast love,

People: **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

Confession and Absolution

Presider: Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

All: **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus**

Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: **Amen.**

Peace *Please stand*

Presider: The peace of the Lord be always with you.

People: **And also with you.**

Offertory Hymn *Eternal Ruler of the Ceaseless Round* *See Hymn Sheet*

CELEBRATION OF THE EUCHARIST

Prayer over the Gifts

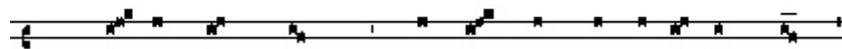
Presider: God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.

People: **Amen.**

Great Thanksgiving



The Lord be with you. And also with you.



lift up your hearts. We lift them up unto the Lord.



Let us give thanks unto our Lord God.



It is right to give our thanks and praise.

Presider: Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour.

Therefore we praise you, joining our voices to proclaim the glory of your name.

Holy, Holy, Holy Lord

sung by the Cathedral Choir

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, loving God, according to his command,

All: **we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People: **Amen.**

Lord's Prayer

Presider: As our Saviour taught us let us pray,

All: Our Fa-ther in heav - en hal-lowed be your name,

your king-dom come, your will be done on earth as in heav - en.

Give us to - day our dai - ly bread,

For-give us our sins as we for-give those who sin a - gainst us.

Save us from the time of trial, and de - li - ver us from e - vil.

For the king-dom, the pow - er and the glo - ry are yours,

now and for e - ver. A - men.

Breaking of the Bread

Presider: We break the bread of life, and that life is the light of the world.
People: **God here among us, light in the midst of us, bring us to light and life.**

Presider: The gifts of God for the People of God.
People: **Thanks be to God.**

Communion Antiphon *(sung by the Cathedral Choir)*
I will go to the altar of God, to the God who gives joy to my youth.

Lamb of God *(sung by the Cathedral Choir)*

Motet *Ave verum corpus* Peter Togni
Ave verum Corpus, natum de Maria Virgine, vere passum, immolatum in cruce pro homine:
Cuius latus perforatum unda fluxit et sanguine, esto nobis praegustatum in mortis examine. Amen.
Hail the true body, born of the Virgin Mary: you who truly suffered and were sacrificed on the cross for the sake of man: From whose pierced side flowed water and blood: be a foretaste for us in the trial of death. Amen.
[attrib. Pope Innocent III or IV]

Prayer after Communion *Please stand*

Presider: Let us pray.
Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

People: **Amen.**

Presider: Glory to God,
People: **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Post-Communion Hymn *Judge Eternal, Throned in Splendour* See Hymn Sheet

Blessing

The Deacon dismisses the congregation in these or similar words:

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Greeters: *Jane Korhonen, Ellen Atkinson, Ruth McCluskie*
Lay Administrants: *Paul & Margaret Herbert, Melissa Broadfoot*
Coffee Hour Hosts: *Group 5*
Warden: *Melissa Broadfoot*
Next Week's Greeters: *Jean Willadsen, Brian & Elizabeth Elliott*
Next week's Lay Administrants: *Peter Hockin, Ruth McCluskie, Pat Binnington*
Next Week's Readers: *Sarah Visscher and Chris Hughesman*
Next Week's Coffee Hour: *Group 6*

The Flowers at the Altar are to the glory of God and in loving memory of Dr. E.E. & Marguerite Watson and Gareth E. And Phyllis Maybee given by Lynn and Keith Watson.

Diocese of Huron Chain of Prayer - Today we pray for the parishioners of the Parish of Long Point Bay; St. John's Church, Port Rowan; St. John's Church, Woodhouse; Port Ryerse Memorial, Port Ryerse; and St. Andrew's-by-the-Lake, Turkey Point.

Intercessions - Albert, Megan, Heather, John, Ricardo, Freidhelm, Phyllis, Jacqueline, Mark, Janice, Ruth, Kristen, Joel Isaac, Bryan, Rodney, Keith, David, Okba, Mohammed, Osama and their families, David, Shawn, Anne, Mary, Art, Audrey, Bob, Laura, Madison.
(Please note, names remain on the prayer list for three months from date of entry or re-entry, unless otherwise requested. To protect privacy, only first names appear in the bulletin. To add a name to the prayer list, please leave a confidential message for the clergy at Ext. 204 with the person's first and last name. Please include your name and phone number, and a few details about the prayer request)

Next weeks readings and Gospel:

Deuteronomy 30:15–20; 1 Corinthians 3:1–9; Matthew 5:21–37

Upcoming Events and Announcements

Services

Morning Prayer Mon., Tues., Thurs. & Fri. in St. Aidan's Chapel 8:45 a.m.

Tuesday, February 7 2:30 p.m. Extencicare Anglican Eucharist

Wednesday, February 8 8:15 a.m. Holy Eucharist
12:15 p.m. Holy Eucharist
7:30 p.m. Holy Eucharist

Sunday, February 12 8:00 a.m. Holy Eucharist
10:00 a.m. Choral Eucharist

This Week's Events

Today - Sunday, February 5 8:00 p.m. Al-Anon, Alateen and Narcotics Anonymous

Monday, February 6 1:00 p.m. Scrabble Club
7:30 p.m. Recovery thru 11th Step

Tuesday, February 7 12:15 p.m. Noon Hour Organ Recital
Ronald Fox, St. Peter's Cathedral Basilica, London, ON
takes place at St. Peter's Cathedral Basilica
5:30 p.m. Warden's Meeting

Thursday, February 9

2:00 p.m. Bible Study
5:00 p.m. Alcoholics Anonymous
7:00 p.m. Adult Children of Alcoholics Support Group
7:00 p.m. Cathedral Choir Rehearsal
5:00 p.m. Clergy Meeting

Saturday, February 11

9:00 a.m. Ministry Training Workshop
9:00 a.m. Knitting for Peace

Project Jericho Update: Robertson Restoration has installed the temporary tension cable ties on truss 3 and are working on truss 5 followed by truss 4, 1 and 2. These are necessary to provide the additional support along with the 20 shores for the repair work to continue on the joints and truss ends. The steel plates to stabilize the joints will blend into the wood and will not be noticeable so we're very happy with this news. Unfortunately, we do not have a definitive date when we'll be back in the Nave and Chancel but we are hoping to return at Easter. Once the repair is completed, inspections need to be done, the 25 shores will then be removed, and the pews put back in place in the centre of the Nave. A thorough cleaning of the church will also need to be done. The good news is we're over halfway through this project and all the bills to date have been paid. We should all be proud that Project Jericho has received almost \$300,000 in less than a year! Another update will be presented at the Vestry meeting.

Support for our Daily Bread Food Bank – We have offered to support the Daily Bread Food Bank by collecting supplies that they may need. Every month they will tell us what they most need and a bin will be provided in church each Sunday for our purchased items to be dropped off for delivery upstairs to the Food Bank.

The month of February's most needed food item is **Peanut Butter** (small size). Please bring your donation to church and drop them in the designated bin – we will make sure that they make their way to the Food Bank.

MARMALADE - The oranges have arrived and the making of our famous 'St. Paul's Cathedral' marmalade will continue this week until Wednesday. This is a project that both the ladies and gentlemen of the Parish can take part in. The sign up sheets are on the notice board in the kitchen for both the cutting of the oranges (mostly by the ladies) and the stirring of the marmalade (mostly by the gentlemen). If you have any free time during the mornings of the next few days please sign the lists in the kitchen. We generally start about 8:30 a.m. and finish about 12 noon. Please remember that 8 oz. (250 ml.) Mason type jars purchased in previous years can be returned for refilling. Please leave the jars in the kitchen. There is now a good supply of marmalade for sale. The cost is \$5.50 per 250 ml jar. We also have a supply of 'special' marmalade at a cost of \$6.50 per 250 ml. For more information, please contact Esther Moore or Jean Nurse.

Second Ministry Training Workshop: Saturday, February 11, 2017– 9:00 to Noon

- **Open to anyone** desiring to become a Reader, Intercessor or Lay Administrant
- **Required** for those who missed the first Training Workshop or **had attended but are involved in more than one of the three ministries** and were only able to participate in the one training session, i.e someone who is a Lay Administrant and also an Intercessor but was only able to attend the Lay Administrants actual training.

NOMINATIONS—Nominations are open for Warden, Parish Council, Lay Delegates to Synod, and the Woodland Cemetery Advisory Board and will remain open until they are closed at the Annual Vestry meeting on Sunday, February 26, 2017. You may nominate yourself or someone else. Nominations may be placed on the offering plate, given to Carrie in the Church office, or sent to wardens@stpaulscathedral.on.ca. The nomination form and role expectations are available on the table outside of the Cathedral Office.

Nominees must be at least 16 years of age (nominees for warden must be at least 18 years of age), baptized, and a member of vestry. A member of vestry is someone who is “identifiably involved with such congregation with regular worship, fellowship and financial support to that congregation.”

If you have any questions, please speak to a member of the Nominating Committee: Bishop Barry Clarke, Melissa Broadfoot, John Sproule, Murray Bryant, Peter Hadley, Margaret Herbert, or Chris Hughesman.

Jewelry for the Rummage Sale in April - we have already started to sort/clean/price jewelry for the EWG upcoming Rummage Sale & the Christmas Bazaar (in Dec.). The sales last year were fantastic and our stock is low. Please consider donating. See Martha Stratford or Ann Tonkin for more info. Thank you.

Evening Women's Group Valentine's Day Red & White Potluck Dinner February 14th
6 for 6:30 pm. Please bring a red and white dish....appetizer, salad or dessert to celebrate Valentine's Day. The meat dish will be provided. All ladies of the Cathedral family are welcome. Call Judy Brown 519-681-6795, Liz Sullivan 519-681-6190 or Trudy Warren 519-681-0564 if you wish to attend and are not on our members list.

Knitting For Peace 5th Anniversary Open House – Saturday, February 25th,
11:00am-1:00pm

You are invited to join the Knitting For Peace group as they mark 5 years of ministering in our community. Over 50 volunteers have participated during this time, and have knit and donated more than 5,000 items to Londoners in need. This is an opportunity to thank volunteers for sharing their time and talents, to learn more about the charities that are receiving heart-felt support in this tangible form, and to discover how you can be a part of this exciting ministry and caring group. All are welcome! For more information please speak with Heather Clark, or email her at warmuplondon@hotmail.com.

Trailblazing *“Teach the young about the way they should go; even when they are old they will not leave it.”* – Proverbs 22:6 London Deanery Youth Ministries Training 2017 on Saturday, February 25th, 2017, 10–4pm. St. James Westminster Anglican Church, 115 Askin St., London, ON. Featured Speaker: Rev. Sharla Maliff, Diocesan Chaplain to Youth. RSVP to Laura Manias-laurajmanias@gmail.com 519-630-2363