

# Chimes

St Paul's Cathedral

*Volume 25 Issue 1 Lent & Easter 2018*



Lent & Easter  
2018

# Chimes

Volume 25 Issue 1 Lent & Easter 2018



**ST PAUL'S CATHEDRAL**

London, Ontario | Anglican Diocese of Huron

**The Right Reverend Linda Nicholls**

*Bishop of Huron*

**The Very Reverend Paul Millward**

*Rector of St Paul's Cathedral and Dean of Huron*

**The Rev'd Michael E. DeKay**

*Associate Priest*

**The Rev'd Deacon Pat Henderson**

*Deacon*

**The Rev'd Dr. Virginia C. Lane**

*Honorary Assistant*

**The Very Reverend Paul Millward**

*Publisher*

**John Sproule**

*Editor*

**St Paul's Cathedral**

472 Richmond Street

London, Ontario

N6A 3E6

Canada

(519) 434-3225

[www.StPaulsCathedral.on.ca](http://www.StPaulsCathedral.on.ca)

[www.facebook.com/StPaulsLondonCanada](https://www.facebook.com/StPaulsLondonCanada)

*Chimes is the news magazine of St Paul's Cathedral in the Diocese of Huron and is published four times annually. We welcome your submissions although we cannot guarantee all submissions will be printed. Please send them to the Church Office.*

## Regular Worship Times

Sunday † 8:00am Holy Eucharist  
10:00am Holy Eucharist

† *Sunday School Classes during the 10:00am service*  
*Nursery available from 9:00 – 11:30am*  
*"Sundays @ 9" from 9:00 – 9:45*

Monday 8:45am Morning Prayer

Tuesday 8:45am Morning Prayer

Wednesday 8:15am Holy Eucharist

12:15pm Holy Eucharist

7:30pm Holy Eucharist

Thursday 8:45am Morning Prayer

Friday 8:45am Morning Prayer

Third Sunday 4:00pm Choral Evensong

## St Paul's Social Services

**Fellowship Centre Lunch Program**

Monday and Wednesday: 11:30am - 12:30pm

**Food Bank**

Monday - Friday: 9:30am - 12:00pm

## Monthly Seniors Home Services

First Tuesday 2:30pm Extendicare

Second Tuesday 10:30am Mount Hope

2:30pm Chartwell

Third Tuesday 10:30am Kensington Village

**On the cover:** *The Paschal Candle represents our Baptismal Covenant, our agreement to follow Christ and love one another as ourselves. A new candle for the coming year will be prepared at the beginning of the Easter Vigil.*

# Welcome!

*Thomas said to him, "Lord we do not know where you are going, how can we know the way?"*

John 14:6

Have you ever been asked to give directions to a location which you frequent regularly, and can drive to almost automatically? On occasion, I receive calls from people who are visiting the Cathedral, either for a Sunday service or for some other event, wanting to know where we are located and how best to get here. And quite often, I must confess, I make a complete mess of the directions which I give... I know the route that I take, but it may not be the easiest or most direct route for others, depending on where they are coming from.

In John's gospel, Jesus is reassuring the disciples that even though he will be with them "only a little longer", he is going to prepare a place for each of them: Thomas, Peter, Philip, James, the saints through the ages, and yes, even you and I. Thomas echoes our sentiments when he asks Jesus, how do we get there, "How can we know the way?" Our life journeys bring us to faith from many different paths and circumstances, and at times, we can become confused, looking for signs or directions along the way. In his reply to Thomas, Jesus makes what is

perhaps the most important claim, the most significant assurance that we hear in all of scripture: "I am the way, and the truth, and the life." In this statement, Jesus doesn't offer a description (it's at the corner of Queen and Richmond), nor does he give directions (take Wellington Road to Queen's Ave)... he simply says "I am the way"... and I will guide you if you will walk with me.

Our Lenten time affords us the opportunity to consider the ways in which Jesus invites us to walk with him, and through this walk, to know the fullness of God's love by way of the cross and the resurrection... a path which leads to the Father and the glory of eternal life. At times, we are like Thomas, wondering, wandering, at times unsure, coming from different paths, but our trust and faith in Jesus Christ continues to be for us life-giving.

As we journey through these next few sacred days and weeks, a time that is central to our faith, let us hear anew and accept the invitation to walk with the One who is The Way, and The Truth, and the Life...

Blessings,  
*Paul+*



# Music at the Cathedral

*Reflecting on Passion and Grace Throughout Lent and Easter*

**Andrew Keegan Mackriell**

After a wonderful celebration of our Patronal Festival, both musical and social, the minds of the Music Department turn to Lent, Holy Week, and Easter. As I have often observed before, the music written for the next seven weeks truly contains the height of the liturgical music repertoire—nothing, to my mind, compares with the astonishing depth of emotion, complexity of musical thought, and virtuosity of composition (and choral performance required) of motets, anthems, and mass settings for this period in the liturgical year.

During Lent and Holy Week 2018, the choir will be concentrating on the music of Thomas Tallis (c.1505-1585), the music of whose student William Byrd (c.1539/40-1623) we featured throughout Advent.



Thomas Tallis

THOMAS TALLIS

Tallis was an extraordinarily adaptable composer, having managed to stay working through the vicissitudes of the changes from Catholicism to Protestantism which happened twice in his lifetime of service to four successive English rulers. He was also the preeminent master of his craft, one of his crowning glories being the motet *Spem in Alium* (“I have never put my hope in any other but in Thee, God of Israel.”) written

for 8 5-voice choirs singing together. Although we won’t quite stretch to a performance of this piece, the selection of music by Tallis that the Cathedral Choir will sing on Sundays over the next six weeks is invariably in five to seven individual lines, and nearly all taken from the collection of 34 Latin text motets Tallis published with Byrd in 1575—the renowned *Cantiones Sacrae*, dedicated to Queen Elizabeth I, to which each composer contributed 17 pieces.

Two other major musical highlights are the *Sequence of Music and Readings for Passiontide* on **Sunday, March 25 at 4:00 p.m.**, when the Cathedral Choir is joined by Deacon Pat Henderson and parishioner Ruth McCluskie to present a selection of music and poetry designed to act as a reflective entrance into Holy Week; and the dramatic *Office of Tenebrae* which the choir sings on **Wednesday, March 28 at 7:30 p.m.**, the eve of the sacred Paschal Triduum. In addition to the three services of the Triduum (Maundy Thursday evening, Good Friday noon, and the Easter Vigil on the Saturday evening), the choir will again sing for the *Stations of the Cross* on **Good Friday evening at 7:00 p.m.** a devotional exercise based on the Way of the Cross, at which we are joined by many of our Roman Catholic friends from around London.

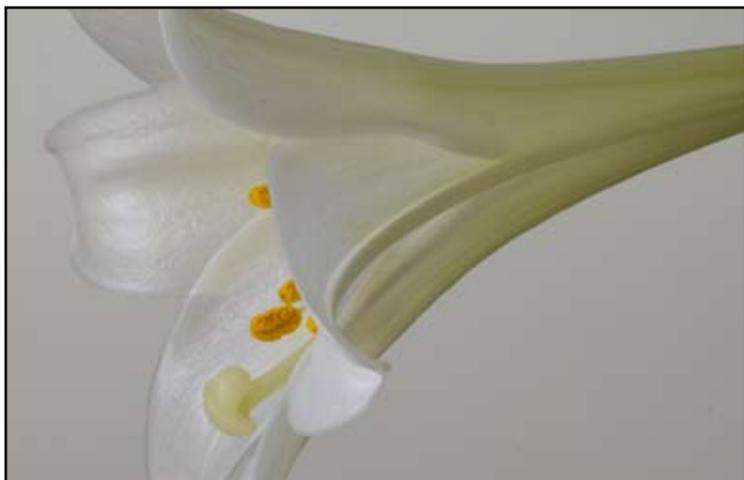
We then come to Easter Day, Sunday, April 1. Traditionally, we have always celebrated this morning of the Resurrection with a joyful service accompanied by *St Paul’s Cathedral Brass*. This year, mindful of the financial situation at the cathedral, we were unable to provide a budget to engage the players. The cost of the five professional brass players, who attend a two-hour rehearsal before Easter as well as play for two hours on Easter Sunday itself, is \$1,500. Fortunately a generous parishioner provided the funds required to have the brass players at Easter, and so we will be able to celebrate Easter in the finest tradition that we have maintained for many years.

**Dates for your calendar:** The internationally-renowned organist, David Briggs—formerly of Gloucester, Truro, and Hereford Cathedrals in England, St James’ Cathedral, Toronto, and

currently Artist-in-Residence at St John the Divine Cathedral in New York City—will be giving an evening recital here at St Paul’s on **Monday, April 30 at 7:30 p.m.** As a concert soloist, David’s recitals have been described as full of “stunning virtuosity, technical competence, and musical excellence.” Having known David for many years, I can assure you that you will thoroughly enjoy this evening, which will be extremely audience-friendly and certainly not what one might otherwise expect from an organ recital!

Liturgically, **Sunday, April 29 at 5:00 p.m.** will see the choir resume its travels to sing BCP Choral Evensong in the parishes of the diocese at St James’, St Marys; and we will bring the choir year towards a close when we sing in St Thomas (**June 10**) and Owen Sound (**June 17**).

Never a dull moment in the lives of your Cathedral Choir it would seem! We look forward to many of you joining us for these different musical events over the coming months.



## Easter Memorial Flowers

The Altar Guild welcomes donations toward the cost of decorating for Easter. If you would like to help in this way, please place your donation on the collection plate Sunday or bring into the office by **Wednesday, March 21, 2018**. Please include your name and envelope number, and if it is a memorial donation, the name(s) of those to be remembered. Flower offering envelopes are available from the Greeters.

## Lent and Easter St Paul’s Cathedral

### Wednesday, February 14

*Ash Wednesday*, 8:15am, 12:15pm & 7:00pm

### Wednesdays,

### February 21, 28, March 7, 14, 21

*Holy Eucharist*, 8:15am, 12:15pm & 7:30pm

### Holy Week and Easter

### Sunday, March 25

*Sunday of the Passion with Liturgy of the Palms*

8:00am & 10:00am

*Sequence of Music & Readings for Passiontide*

4:00pm

### Monday, March 26

*Said Holy Eucharist*, 7:30pm

### Tuesday, March 27

*Said Holy Eucharist*, 7:30pm

### Wednesday, March 28

*Said Holy Eucharist*, 8:15am & 12:15pm

*Office of Tenebrae*, 7:30pm

### Thursday, March 29

*Maundy Thursday*, 7:30pm

### Friday, March 30

*Good Friday Liturgy*, 12:00pm

*Good Friday Children’s Liturgy*, 12:00pm

*Stations of the Cross*, 7:00pm

### Saturday, March 31

*Holy Saturday / Easter Vigil*, 8:30pm

### Sunday, April 1

*Sunday of the Resurrection: Easter Day*

8:00am & 10:00am

**Thank You!** *As we look forward to Easter, on behalf of everyone who worships at St Paul’s we’d like to thank the members of the Altar Guild for preparing the Cathedral with wonderful decorations this past Christmas. It truly filled the space with a sense of peace and joy.*

# Cathedral Life

*Celebrating the Community*

Boisterous or quiet, St Paul's Cathedral offers a variety of experiences for anyone who seeks friendship and fellowship and a life in Christ. In the last few weeks, we enjoyed the beautiful music and delicious luncheon at our Patronal Festival, a fun and exciting night with the London Knights at Budweiser Gardens, and the 52nd Annual Pancake Supper on Shrove Tuesday. In the weeks ahead we'll journey together through Lent, with the Young Adults Group leading 40 Evening Prayer services over the 40 days. And we'll experience the transforming power of Holy Week and Easter. Thanks to all who help bring this life to the Cathedral!



# The Historic St. Paul's Cathedral

*Finding a Spiritual Home*

Phyllis Beauchamp

As a newly converted Christian, the first time that I attended a Sunday service at St. Paul's Cathedral, taking in the ambiance as I walked down the aisle, my spirit confirmed my heart's conviction silently shouting, "I'm home!" It was the first Sunday in January 1990.

St. Paul's Church, a frame building opened in 1834, and on Ash Wednesday in 1844, burned to the ground. It re-opened as the present church on Ash Wednesday in 1846, designed in the Gothic revival style by William Thomas, and it is the oldest church in the city of London.

The *cathedra* (the Greek word for chair) is

the designated bishop's seat that renamed the church as St. Paul's Cathedral—which it became since 1857 when Benjamin Cronyn was elected as the first Bishop of the newly formed Diocese of Huron. The cathedral is typically the mother church of each diocese.

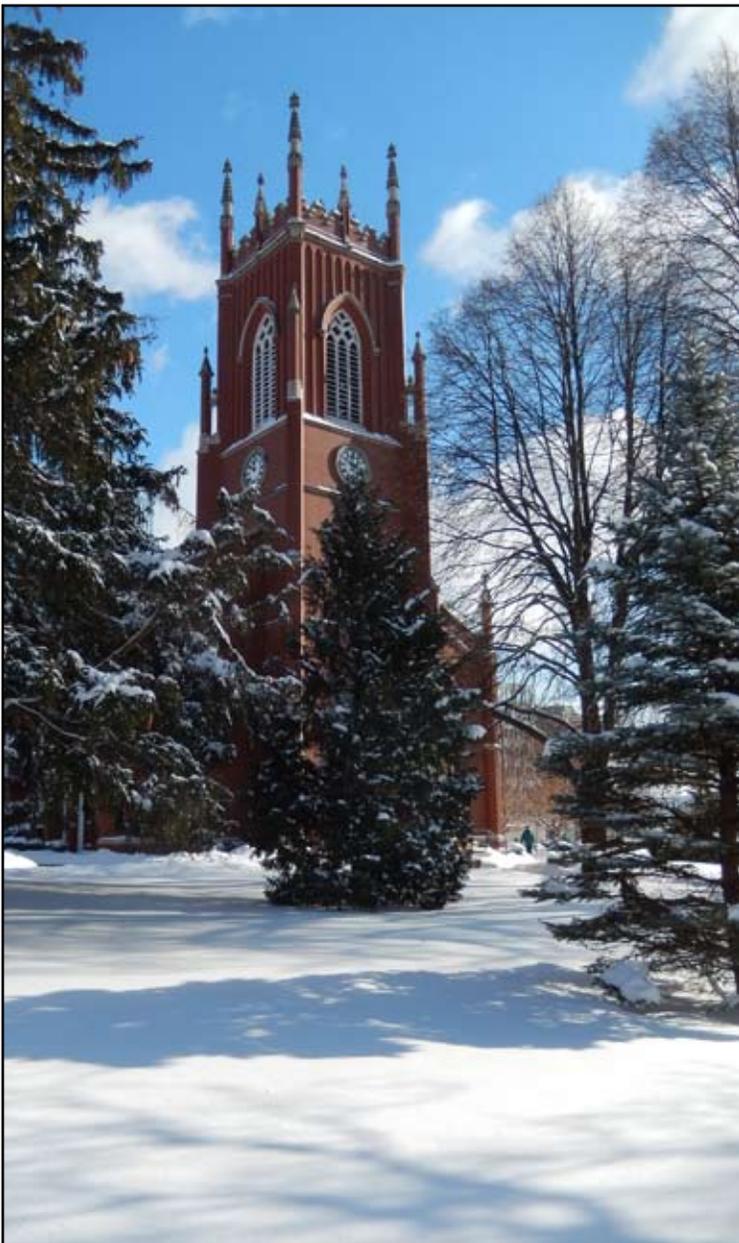
In God's great wisdom, the timing for my conversion and connection with the Cathedral was perfect. A few pertinent surprises awaited me—helping me to connect my Jewish heritage to a new reality. The first came during the service when the daily readings in the lectionary included a reading from the Hebrew Scriptures (Old Testament) and also a Psalm. Secondly, after the service I picked up an edition of the "Day by Day" Anglican devotional booklet published for January-March 1990, that commemorated the 45<sup>th</sup> anniversary of the liberation of the Nazi death camps—the holocaust of World War II. Many familiar Jewish artifacts displayed on the cover, like a *shofar* (ram's horn), a scroll, and a prayer shawl, caught my attention. These unexpected connections to my own history helped confirm my decision to join the Cathedral and worship as an Anglican.

On February 25, 1990 I was baptized by The Rev. Fay Patterson and on the second Sunday of Easter, April 22, 1990 I was confirmed by the bishop, The Right Reverend Derwyn D. Jones.

Later, the third link that validated my call to Anglicanism came when I learned that in 1866, the first Dean and Rector of St. Paul's Cathedral in London, Ontario, Isaac Hellmuth was born in Poland of Jewish descent. While studying to become a rabbi (like his father before him), he embraced Christianity and instead pursued becoming an Anglican priest. He later became the second Bishop of Huron, after the death of Bishop Benjamin Cronyn in 1871, and resigned his position in 1883.

In 2006 the Cathedral was officially designated a Heritage Property by the City of London.

This beautiful old building stands proud at the corner of Queens Avenue and Richmond Street, offering worship services, community, culture, and outreach to the inner city.



# Natural Church Development

*So What Exactly Is Need-Oriented Evangelism?*

**The Rev'd Michael DeKay**

Last year the Natural Church Development Leadership Team conducted our fourth parish survey and many of you are aware that we received some very encouraging results: Passionate Spirituality has greatly improved, and our new lowest Quality Characteristic or “minimum factor” has become Need-oriented Evangelism. We give thanks to God for our increased health and growth in Passionate Spirituality, and we also celebrate our level of overall balance among Faith, Service, and Fellowship, which greatly supports our capacity for future growth and change.

From highest to lowest, our latest ranking in relation to the eight Quality Characteristics is: (1) Gift-based Ministry; (2) Holistic Small Groups; (3) Inspiring Worship Services; (4) Empowering Leadership; (5) Loving Relationships; (6) Passionate Spirituality; (7) Effective Structures; (8) Need-oriented Evangelism.

As I stated in my recent Report to Vestry, it is my hope, as we move into 2018, that every small group, committee, team, and council at St. Paul's Cathedral will seek meaningful ways to address Need-oriented Evangelism. In other words, Need-oriented Evangelism is our current growing edge, and it connects seamlessly with our Anglican “Five Marks of Mission,” especially the first two marks, “Tell” and “Teach.”

Need-oriented Evangelism means: *“sharing the gospel in a way that answers the questions and meets the needs of those seeking a relationship with God, without being manipulative.”*

## Safe Church Note

Did you know: Every class in the Children & Youth Ministry here at St. Paul's is required to have two staff and/or volunteers working together, all of whom have to have completed a police check. There are three different age groups in our Sunday School, so that means that each week 6 adults are required in order for the kids to be offered age-appropriate classes where they'll learn about God's love in a way they can connect with most effectively. If there aren't enough adults available to help on a Sunday, the classes have to be combined. If there's any way you might be willing to help—even just once a month, just to supervise—that would be wonderful.

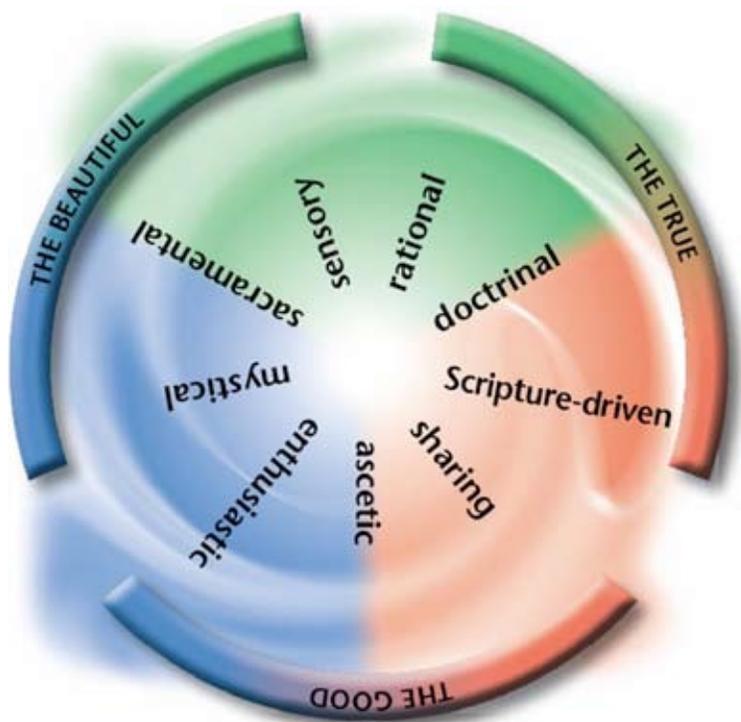
NCD would say that we address Need-oriented Evangelism when we do three things: Pray, Care, and Share. As the body of Christ, we pray daily for the world, the Church, and ourselves; we pray that the love of Christ and the light of the gospel will shine bright for all to see and receive. We care by generously helping those in need. And we share the gospel of Christ collectively, in Word and Sacrament. At the end of every liturgy or worship service, we are sent out commissioned to love and serve the Lord!

As NCD is a gift-based approach (Quality Characteristic #1), it wisely recognizes that not everyone has the specific “gift of evangelist,” but we are all called upon to fulfill the Great Commission by investing our God-given gifts in the mission and ministry of God's Church. This is where the Trinitarian Compass at the heart of NCD becomes so powerful. In each of the three colour areas (Pray, Care, Share), a variety of gifts are needed to make evangelism effective. Without a doubt, the gift of evangelism plays a central role, with its focus on sharing the gospel. But all gifts mentioned in Scripture—whether help, organization, prayer, counselling, artistic creativity—are just as important and needed. In other words, Need-oriented Evangelism can only take place when everyone in the body of Christ is investing his or her individual gifts in all three (Pray, Care, Share) callings.

In her book, *Moving from a Come and See to a Go and Be Church*, Karen Wilk offers us another balanced approach. She believes that we need to complement “the church gathered for worship” with “the church scattered for witness and mission.”

As God has generously gifted each and every one of us, may we seek to faithfully use our gifts as we, the Cathedral Church of St. Paul, continue to Pray, Care, and Share.

**Sundays @ 9** — “Confidence in the Gospel - in an Age of Competing Truths.” Over the next six weeks we will view and examine the Centre for Practical Theology, October 2017, lecture delivered at Metropolitan United Church by Bishop Linda C. Nicholls. S@9 is a discussion-based, community-focused, and theologically-informed educational time. All are welcome. Coffee and childcare are provided.



## Back By Popular Demand!

### *“Discover Your Spiritual Style” Workshop*

Saturday, May 12, 2018, 10am to 1pm  
At St Paul’s Cathedral

The Natural Church Development Leadership Team is planning another “Discover Your Spiritual Style” workshop at St. Paul’s Cathedral, on Saturday, May 12, 2018, from 10am to 1pm. At the workshop, all present will be given the opportunity to discover, and begin to explore and understand, their spiritual styles. The nine styles are: Sensory, Rational, Doctrinal, Scripture-driven, Sharing, Ascetic, Enthusiastic, Mystical, and Sacramental. We know that all Christians are called to love God with heart, soul, mind, and strength, and love their neighbour as themselves; we know this as the Summary of the Law. (This is why our Natural Church Development motto at St. Paul’s is: “Connect with God. Connect with Others.”) Based on this understanding, Natural Church Development promotes healthy self-discovery, spiritual balance, and maturity, through the awareness and understanding of one’s spiritual style. It explores how we connect with God and how we engage with others. People who have attended this workshop in the past are encouraged to come and re-discover their spiritual styles. Come and re-learn and re-engage with your particular style as you also discover the spiritual styles of fellow parishioners. Lunch and childcare will be provided. All are welcome!

**FundScrip** — Just a friendly reminder of our ongoing FundScrip fundraiser for St. Paul’s Cathedral. Gift cards in various denominations for groceries, beauty products, clothing, gas, restaurants and other regular shopping needs are available with St. Paul’s getting a proceed from each card sold. These proceeds can really add up quickly. Some new features of the program include “e” cards usable over your smartphone through a free app or re-loadable plastic cards which reduce waste and pressure on the environment. Cards are available each Sunday during the coffee hour following the 10:00a.m. service or signing up online at [www.fundscrip.com](http://www.fundscrip.com). Our sign up code is UUUHU54. All funds that are raised help the Cathedral meet the general budget.

If you have further questions, please contact convenors Mary Mitches, Mary Ann McDowell, Dawn-Marie Deagle, or Norma-Jean Greenslade.

**CLAY 2018** — Youth from St. Paul’s are excited to join the bi-annual Canadian Lutheran Anglican Youth Conference this August in Thunder Bay. CLAY last occurred in PEI in 2016, where youth from our Diocese connected with youth from across Canada in an uplifting time of worship, service, and fellowship. Thank you for supporting this opportunity through your purchases of Rheo Thompson Chocolates!

**THRIFT SALE**  
**SATURDAY, April 21, 2018**  
**9:00 A.M. - 1:00 P.M.**  
St. Paul's Cathedral  
472 Richmond Street (at Queens Ave.)

Kitchen & Household Items, Linens, Books,  
Clothing, Jewellery, Treasures, etc.

**Bargains Galore!**

Did God create death?

A question posed by a child

A child struggling to understand the meaning

The meaning of life - the meaning of death

A child struggling to live with a death

struggling to live life in its wake

A child grappling with life and loss

A child feeling deeply

Did God create death?

Oh, my child, inquiring beyond your years,

You pose questions which many have pondered

and struggled with for all of time.

Did God create death?

Oh, my child, I know so little in these moments

Your questions far exceed my wisdom.

But, I can share what I know.

Without sadness, one cannot know joy.

Without darkness, one cannot appreciate light

Without hurt, there cannot be healing

Without death, there is no life.

Creation is ever creating - destroying one to create another

- tearing down to build

- dying to live.

The circle continues, light to dark to light

Life to death to new life.

Did God create death?

Only the wisdom of the ages and time will answer.

— Mary Ann McDowell



# Children and Youth Ministry

*Caring and Sharing*

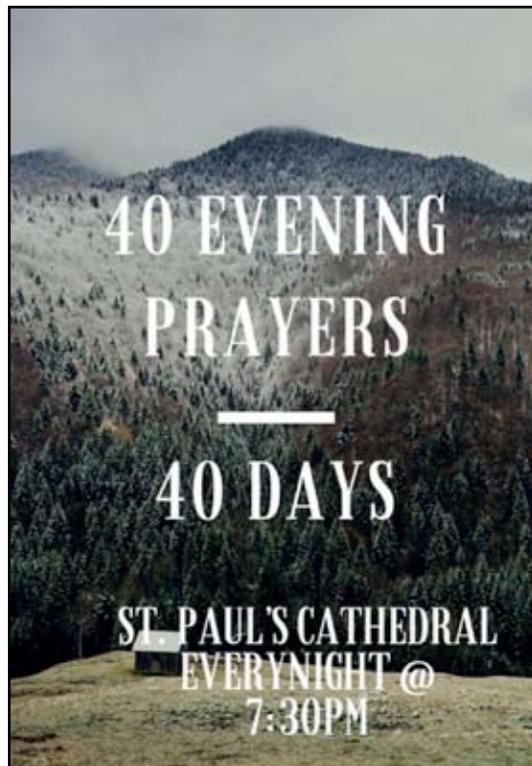
**Heather Clark**

Since the beginning of January the children and youth at St. Paul's have been following an exciting new program: "Whirl Lectionary." This curriculum is designed for children 2–12, with age-appropriate activities and lessons for each of our three groups. As the name suggests, it follows the Lectionary, using a variety of teaching mediums. This means that the children are learning about the same Gospel lesson that their family is hearing during the service, encouraging conversations to continue at home during the week.

During Lent, we will be learning about God's Covenant with Noah, The Faith of Abraham, The Ten Commandments, and Moses and the Bronze Serpent. We will also learn how Jesus Predicts His Death, and on Palm Sunday we will learn about how Jesus was Betrayed.

On Good Friday, while adults are participating in the main service, the children and youth will be taking part in a "Stations of The Cross" lesson. This will end up in the kitchen with them making Empty Tomb/Resurrection Buns that they will share and eat on Easter Sunday, when we will learn about how Jesus is Risen. Also on Easter Sunday, after the service, there will be an Easter Egg Hunt!

There are so many amazing and important things for us all to discover about God's love, and what better way to learn than through the wondering eyes and hearts of children and youth. If you would like to be a part of the Children & Youth Ministry Team, even just on occasion, you'd be more than welcome! There is always something to explore and celebrate as we all continue to learn and grow in faith.



## 40 in 40

Throughout Lent, the Young Adults Group will be doing 40 Evening Prayers in 40 days. We invite you to join us as part of your Lenten discipline! All are welcome. We will be meeting in St. Aidan's Chapel at 7:30pm every night (unless otherwise advertised) except for Wednesday evenings, when we will be attending the 7:30pm Holy Eucharist. For more information on the Young Adults Group, please see Lauren or Matt. We'd love to talk to you!



# Vestry

*Leadership in the Community*

**John Sproule**

The Cathedral's annual Vestry meeting concluded with the election and appointment of the church leadership for the coming year: Wardens, members of Parish Council, and Lay Delegates to Synod. At the cathedral we are blessed to have so many who are willing to participate, listen, learn, and act, and it is the diversity of gifts that each person offers that allows our church to fulfill its mandate to love and to serve.

The proceedings of the annual Vestry meeting reaffirm that St Paul's is our Cathedral and our church community. It belongs to all of us. And with this ownership comes responsibility rather than entitlement. Many thanks to all in the parish who say "Yes" to positive transformation and growth, and respond "I will" to the needs of those who rely on the work of the cathedral for their physical and spiritual well-being. You are a great blessing to all!



**Right:** Natural light fills Cronyn Hall as the parishioners of St Paul's Cathedral gather for the annual Vestry meeting on February 11, 2018. **Above:** A group portrait of the lay and clergy leadership at the Cathedral for 2018, following the elections and appointments during Vestry. Thank you, all, for your passion and enthusiasm for fulfilling the mission of the church.

