

Welcome to the Cathedral Church of St. Paul!
Worship is crucial to a healthy relationship with God.
May you be uplifted by your experience here today, and may you
experience the presence of Christ in this community of faith.

For those wishing to receive the **Ministry of the Laying on of Hands and Anointing for Healing**, please proceed to the station in the north west corner of Cronyn Hall before you receive communion.

During the 10:00 am Eucharist **Nursery facilities** will be available in Rooms 203/204. Sunday School Classes following the *Godly Play* curriculum take place in Room 202. Please speak to a Greeter if you need help.

Gluten-free communion wafers are available for all who wish it for medical reasons. Please indicate your wish to the Administrant at Communion.

Music used in this week's liturgies are reprinted under OneLicense.net A-717939 and LicenSing 611086 unless otherwise noted.

8:00 a.m. – Eucharist
in St Aidan's Chapel

Presiding Celebrant:
The Rev'd Rosalyn M.J. Elm

The service can be followed in
The Book of Common Prayer
beginning on page 67.

The Collect for the
First Sunday in Lent–BCP p.140
The Reading: *Romans 5:12–19*
The Gospel: *Matthew 4:1–11*

**After the service please come for coffee in
the Assembly Room.**

10:00 a.m. – Choral Eucharist

Presiding Celebrant: The Rt. Rev'd Barry B. Clarke

Setting *Mass for Four Voices* William Byrd

Announcements: The Work of the Community

Introit *He shall call on me, and I will hearken unto him: I will deliver him, and will bring him to honour: with length of days will I satisfy him.*

Processional Hymn *Forty Days and Forty Nights* See Hymn Sheet

GATHERING OF THE COMMUNITY

Presider: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: **And also with you.**

Presider: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

The Decalogue

God spake these words and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not take the name of the Lord thy God in vain.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Honour thy father and thy mother.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbour.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.**

Kyrie, eleison

sung by the Cathedral Choir

Commissioning of the Children and Youth

Presider: As Jesus called the children to come to him, we now invite all the children and youth here today to come forward:

Leader: Let us pray.

Lord Jesus, we ask you to bless our children and youth as they go to their classes to hear your word and truth and we now commission them saying:

Leader: We gather together in the presence of God.

All: **We are the people of God.**

Leader: We gather together to receive the gift of the Son.

All: **We are the body of Christ.**

Leader: We gather together to hear the voice of the Spirit.

All: **We are the church of God.**

Leader: Pray for one another, each a child of God. **Amen**

Collect of the Day

Presider: Let us pray.

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People: **Amen.**

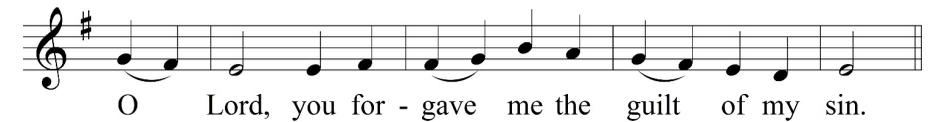
PROCLAMATION OF THE WORD

Please sit

First Reading Genesis 2:15–17; 3:1–7

read by Ann Tonkin

Psalm 32



Second Reading Romans 5:12–19

read by Allan Nagata

Gradual Hymn *Be thou my guardian and my guide*

See Hymn Sheet

Tract

Whose dwelleth under the defence of the most High, shall abide under the shadow of the Almighty.

Gospel Matthew 4:1–11

proclaimed by The Rev'd Deacon Pat Henderson

After the Tract has been sung, the Gospeller will sing or say:

Reader: The Lord be with you.

People: **And also with you.**

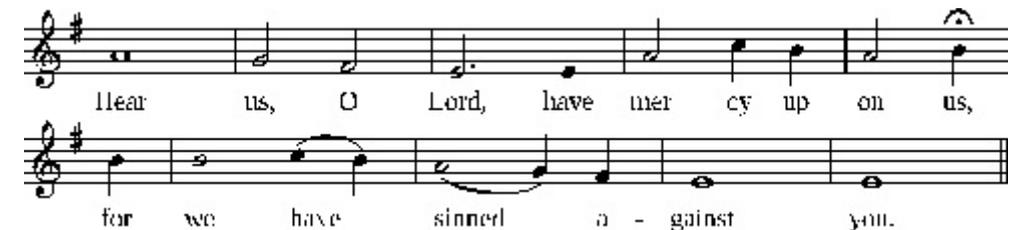
Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Jesus Christ.**

At the conclusion:

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**



Homily The Rev'd Rosalyn M. J. Elm

Please sit

Peace

Please stand

Nicene Creed

Please stand

Presider: Let us confess our faith, as we say,
All: **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

led by Brad Visscher

Leader: Lord, in your love
People: **Hear our prayer.**

At the conclusion:

Leader: God of steadfast love,
People: **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

Presider: The peace of the Lord be always with you.
People: **And also with you.**

Offertory Hymn *O Love, How Deep, How Broad, How High*

See Hymn Sheet

CELEBRATION OF THE EUCHARIST

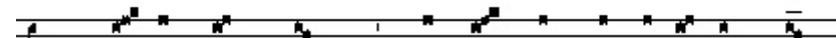
Prayer over the Gifts

Presider: God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name.
People: **Amen.**

Great Thanksgiving



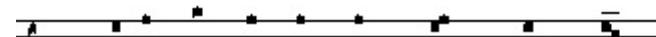
The Lord be with you. And also with you.



Lift up your hearts. We lift them up unto the Lord.



Let us give thanks unto our Lord God.



It is right to give our thanks and praise.

Presider: Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

Holy, Holy, Holy Lord

sung by the Cathedral Choir

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, loving God, according to his command,

All: **we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People: **Amen.**

Lord's Prayer

Presider: Gathering our prayers and praises into one, let us pray as our Saviour taught us.

All: **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

Breaking of the Bread

Presider: We break this bread,

People: **Communion in Christ's body once broken.**

Presider: Let your Church be the wheat which bears its fruit in dying.

People: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Presider: The gifts of God for the People of God.

People: **Thanks be to God.**

Communion Antiphon

The Lord will bestow his bounty, and our earth shall yield its increase.

Lamb of God

(sung by the Cathedral Choir)

Motet *Miserere Mei* William Byrd

Miserere mei, Deus, secundum magnam misericordiam tuam;
et secundum multitudinem miserationum tuarum, dele iniquitatem meam.
Have mercy on me, God, in accordance with your great mercy;
and in accordance with the greatness of your pity, destroy my wrong-doing.

Prayer after Communion *Please stand*

Presider: Let us pray.
Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name.

People: **Amen.**

Presider: Glory to God,
People: **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Post-Communion Hymn *O Jesus, I Have Promised* See Hymn Sheet

Blessing

The Deacon dismisses the congregation in these or similar words:

Deacon: Go in peace to love and serve the Lord.
People: **Thanks be to God.**

Greeters: *Liz Sullivan, Paul & Margaret Herbert, Diann Evans*
Lay Administrants: *Paul & Margaret Herbert, Nancy Reichstein*
Coffee Hour Hosts: *Group 1*
Next Week's Greeters: *Marilyn Papple, Leon Baltas, Jane Korhonen*
Next week's Lay Administrants: *John & Nancy Shipston, Gayle Anderson*
Next Week's Readers: *Margaret Herbert and John Allen*
Next Week's Coffee Hour: *Group 2*

Diocese of Huron Chain of Prayer - Today we pray for the parishioners of St. John's Church, St. Thomas; Trinity Church, St. Thomas; St. Peter's Church, Tyrconnell; Grace Church, West Lorne; St. Stephen's Church, Burwell Park.

Intercessions - Albert, Ruth, Kristen, Joel Isaac, Bryan, Rodney, Keith, David, Okba, Mohammed, Osama and their families, David, Shawn, Anne, Mary, Art, Audrey, Bob, Laura, Madison, David, Tanja, Leanne, Wayne, Deb, Ann, Mary, Lydia, Scott, Wendy & family, Janet.

(Please note, names remain on the prayer list for three months from date of entry or re-entry, unless otherwise requested. To protect privacy, only first names appear in the bulletin. To add a name to the prayer list, please leave a confidential message for the clergy at Ext. 204 with the person's first and last name. Please include your name and phone number, and a few details about the prayer request)

Next weeks readings and Gospel:

Genesis 12:1-4a; Romans 4:1-5, 13-17; John 3:1-17

Upcoming Events and Announcements

Services

Morning Prayer Mon., Tues., Thurs. & Fri. in St. Aidan's Chapel 8:45 a.m.

Tuesday, March 7 2:30 p.m. Extendicare Anglican Eucharist

Wednesday, March 9 8:15 a.m. Holy Eucharist
12:15 p.m. Holy Eucharist
7:30 p.m. Holy Eucharist

Sunday, March 12 Lent II 8:00 a.m. Holy Eucharist
10:00 a.m. Choral Eucharist

This Week's Events

Today - Sunday, March 5

8:00 p.m. Al-Anon, Alateen
and Narcotics Anonymous

Monday, March 6

2:00 p.m. Scrabble Club
6:00 p.m. Project Jericho Meeting
7:30 p.m. Recovery thru 11th Step

Tuesday, March 7

12:15 p.m. Noon Hour Organ Recital
Andrew Keegan Mackriell, St. Paul's Cathedral, London, ON
takes place at St. Peter's Cathedral Basilica
7:00 p.m. Communications Meeting

Thursday, March 9

2:00 p.m. Bible Study
5:00 p.m. Clergy Meeting
5:00 p.m. Alcoholics Anonymous
7:00 p.m. Adult Children of Alcoholics Support Group
7:00 p.m. Cathedral Choir Rehearsal

Saturday, March 11

9:00 a.m. Knitting For Peace

Support for our Daily Bread Food Bank – The most needed item for March is Canned Soup (mushroom & chicken noodle are favourites). Please leave your donation in the designated bin in Cronyn Hall.

Confirmation – Are you interested in being confirmed, being received into the Anglican Church, or making a reaffirmation/renewal of your baptismal commitment/vows at the next Confirmation service? If so, please speak to The Rev'd Michael DeKay

Sundays @ 9 - According to Father Richard Rohr, God is not what most people think. Visions of an angry, distant moral scorekeeper or a supernatural Santa Claus handing out cosmic lottery tickets to those who attend the right church or say the right prayer dominate our culture. For many others, God has become irrelevant or simply unbelievable. It is Rohr's belief that changing our perception of God has the potential to change everything. This is why he wrote *The Divine Dance: The Trinity and Your Transformation*. Rohr's latest book explores the early Christian image of the Trinity: perichoresis, a circle dance. The unending flow of giving and receiving between Father, Son, and Spirit is the pattern of reality. God is not only a dancer, but the Dance itself! Join us for this new Sundays @ 9 series as we explore and grow into the presence and practice of God. All are welcome. Coffee and childcare are provided.

St. Paul's Famous Marmalade Update – Marmalade is still available for sale. Perhaps you have eaten all the excellent St. Paul's marmalade you recently purchased, or you need a hostess gift for a trip you are making this summer. In any case, please consider purchasing some St. Paul's Cathedral marmalade. The cost is \$5.50 for an 8 oz. jar (250 ml) or \$6.50 for a jar of the 'special' marmalade. We might also suggest that if you have any empty jars at home, they could be returned to the church. We have space to store them for refilling next year. To purchase marmalade on Sundays, please see Jean Nurse after the 8 a.m. service or Cicely Carter or Esther Moore after the 10 a.m. service. Marmalade can also be purchased from Tim Skinner at the reception desk during the week. Your support is very much appreciated. Thank you.

Bibles – In the back of Cronyn Hall there is a box marked BIBLES. If you have a bible you don't need, please place it in the box, the guests in the Fellowship Centre will be glad to use it. Thank you to those who have donated bibles

Museum London – Museum London is currently hosting a number of exhibitions: *Canada 150: A Student Exhibition*; *Canada Eh? A History of the Nation's Signs and Symbols*; *The Sun Shines in All Yards* (Brian Jones (London Artists, and Teacher at H.B. Beal S.S.) On Thursday, March 16, 2017 at 7:00pm the cathedral Evening Women's Group will host a tour at Museum London. There is a small parking lot at the Museum, plus street parking (which will be limited by a *London Knights* game at Budweiser Gardens that evening). Some people may prefer to park at St Paul's Cathedral and walk over or have someone drop them off.

The Five Marks of Mission

1. Proclaim the Good News of the Kingdom (TELL).
2. Teach, baptize and nurture new believers (TEACH).
3. Respond to human need by loving service (TEND).
4. Transform unjust structures, challenge violence of every kind, and pursue peace and reconciliation (TRANSFORM).
5. Strive to safeguard the integrity of creation, and sustain and renew the life of the earth (TREASURE).

These “Marks” are the fruit of God’s life within us, a life which is nurtured by prayer and worship. When we center our lives in God and allow Christ to live his life in and through us, we participate in the Mission of God. It is God’s intention to reconcile all things in Christ and make them new. The Church does these things – telling, teaching, tending, transforming, and treasuring – in an almost unconscious way; they are manifestations of the Divine Life operating in us. They are not simply tasks to be carried out; they are signs that our life is rooted and grounded in the Being of God.

Upcoming Meetings

March 6 – Project Jericho Meeting @ 6 pm
March 7 – Communications Team Meeting @ 7 pm
March 9 – Clergy Team Meeting @ 5 pm
March 15 – Wardens Meeting @ 5:30 pm
March 21 – St. Paul’s Social Service @ 7 pm
March 22 – Finance Committee Meeting @ 5:30 pm
March 23 – Parish Council @ 5 pm